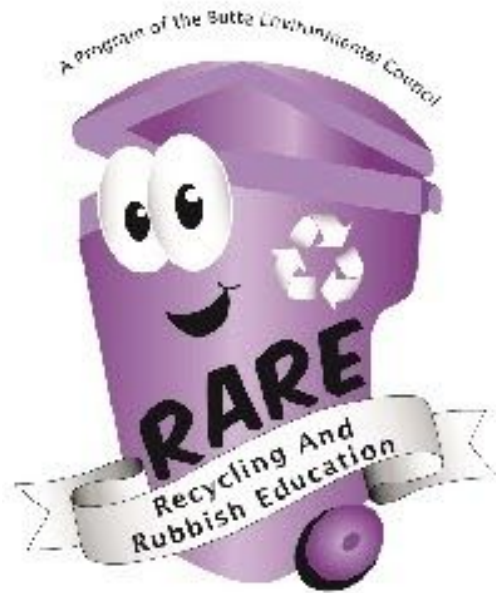


# *R.A.R.E.*

## *Recycling and Rubbish Education*

### *(K-3)*



*A list of earth-friendly, educational, and fun activities to  
do at home!*

# *Table of Contents*

**Page 3 .....Recycle Band**

**Page 4.....Sewing & Crafts**

**Page 5.....Educational Videos**

**Page 6.....Downloadable Lessons**

# Recycle Band

Take those recyclables out of the bin, and turn them into instruments for your whole family to play! Not only will your child see how easy it is to reuse typical items you would find in the trash or recycling bin, but you can also have a great time singing, dancing, and creating together.

Here are some songs to learn and sing along to:

<https://www.letsplaykidsmusic.com/the-earth-day-song/>

## **Cereal Box Guitar:**

<https://www.myteachingstation.com/kids-learning-activities/how-to-make-a-simple-cereal-box-guitar-for-kids>

## **Maracas:**

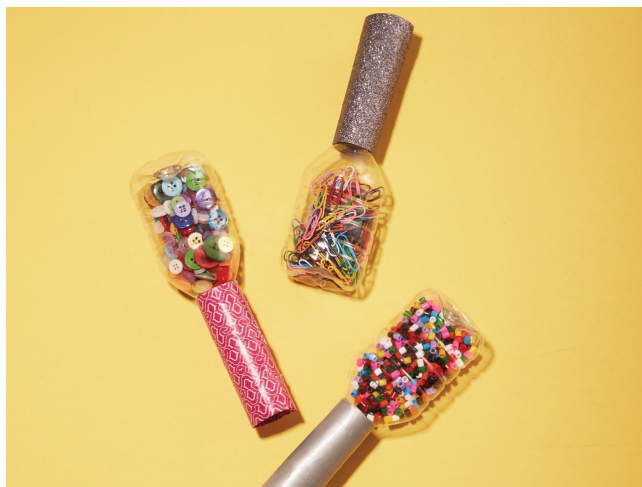
<https://www.letsplaykidsmusic.com/homemade-musical-instruments-shakers-maracas/>

## **Tambourine Stick:**

<http://ohrubbishblog.com/2015/03/tambourine-stick-upcycled-musical-instruments-homemade-recycled-instruments/>

## **Kazoo, Microphone, Singing Straws, & More!:**

<https://leftbraincraftbrain.com/upcycled-musical-instruments>



# Get Crafty!

Time to take the sewing machine out of retirement! You can help your kids to learn a new skill while making some awesome reusables to cut down on your waste!

- **Reusable Napkins for School, Work, and Around the House:** Gather up your old sheets and fabrics that you no longer use, and transform them into something new!  
<http://www.collectingthemoments.com/2009/10/ecolovies-recycled-sheet-napkins.html>
- **T-Shirt Grocery Bags:**  
Sewable - <https://www.youtube.com/watch?v=VZeR866VzYM>  
No-Sew- <https://mommypotamus.com/no-sew-t-shirt-tote-bag-tutorial/>
- **Aromatherapy Rice Heating Packs:**  
<https://wellnessmama.com/24601/reusable-rice-heat-packs/>
- **Reusable Snack Bags:**  
<https://wellnessmama.com/124021/reusable-snack-bags/>
- **Grass Head Monsters!:**  
<https://www.homemade-gifts-made-easy.com/grass-heads.html>
- **Bug Hotel:**  
<https://www.redtedart.com/simple-bug-hotel-for-kids/>



# Educational Videos

Looking for some videos that focus on the subjects that are covered in a R.A.R.E. presentation? Look no further! Here is a list of educational videos about Reducing, Reusing, Recycling, and ROT (Composting).

- **Intro: Reduce, Reuse, Recycle, Rot!**
  - Doing The 4Rs: [https://www.youtube.com/watch?v=rKVM\\_sK\\_-Vk](https://www.youtube.com/watch?v=rKVM_sK_-Vk)
- **Recycling**
  - How It Works: <https://www.youtube.com/watch?v=VIRVPum9cp4>
- **Plastics**
  - Resin Codes : <https://www.youtube.com/watch?v=jJlqyTb-oy0>
  - The Problem With Plastic : <https://www.youtube.com/watch?v=VUUUxOI715s>
- **Composting**
  - All About Compost :  
<https://youtu.be/Q5s4n9r-JGU>
  - FBI Song (Fungus, Bacteria, Invertebrates) :  
<https://www.youtube.com/watch?v=P8RcLX4hT8A>
  - Making a Compost Bin at Home :  
<https://www.youtube.com/watch?v=kA3q07paNbE>
- **Landfills**
  - How A Landfill Works : <https://www.youtube.com/watch?v=Wzo5sv4Irlw&t=17s>
  - Constructing A Landfill : <https://www.youtube.com/watch?v=sIUHDeSCmB4>

# Downloadable

## Activities & Lesson Plans

**Recycle Rex (Facts, Games, and Crafts):**

<http://www.becnet.org/sites/default/files/file-attachment/RECYCLINGFactsGamesCrafts02.PDF#overlay-context=teacherzone>

**Doing the 4R's (Lessons and Activities) \*Downloadable in Spanish and English:**

<http://www.stopwaste.org/at-school/4rs-curriculum>

**Composting:**

[http://www.wakegov.com/recycling/recycle/ftb/Documents/Lesson%20Plans/CIC\\_3\\_Rev.pdf](http://www.wakegov.com/recycling/recycle/ftb/Documents/Lesson%20Plans/CIC_3_Rev.pdf)

**Close the Loop Curriculum:**

- Lesson 1 is appropriate for grades K-2
- Lesson 2 is appropriate for grade 3

[http://www.wakegov.com/recycling/recycle/ftb/Documents/Lesson%20Plans/CTL\\_K-8Rev.pdf](http://www.wakegov.com/recycling/recycle/ftb/Documents/Lesson%20Plans/CTL_K-8Rev.pdf)

**Feed the Bin:** Recycling sorting and grouping of objects, putting things in sequence, life cycles of materials, creative writing

[http://www.wakegov.com/recycling/recycle/ftb/Documents/Lesson%20Plans/FTB-all\\_Rev.pdf](http://www.wakegov.com/recycling/recycle/ftb/Documents/Lesson%20Plans/FTB-all_Rev.pdf)